

# What's on March 2025 – East Dunbartonshire



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome. If you need help to attend though, please come with a companion who can provide any support you need. Unfortunately, we are unable to provide transport for these groups and would therefore gently remind you that it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

| <b>MONTHLY &amp; FORTNIGHTLY GROUPS</b> |  |                        |
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| <b>Sunday 2<sup>nd</sup> March</b>      | <b>Shooting Stars<br/>Charity Football Match</b><br>Falkirk Stadium<br>4 Stadium Way<br>Falkirk<br>FK2 9EE | <b>11am</b>            |
| <b>Tuesday 4<sup>th</sup> March</b>     | <b>Come &amp; Sing</b><br>Lenzie Old Parish Church<br>Garngaber Ave<br>Lenzie, G66 4LJ                     | <b>1.15pm – 2.45pm</b> |
| <b>Tuesday 4<sup>th</sup> March</b>     | <b>Sing Song</b><br>New Kilpatrick Church<br>28 Kirk Place<br>Bearsden, G61 3RT                            | <b>2pm – 3.30pm</b>    |
| <b>Thursday 6<sup>th</sup> March</b>    | <b>St Andrews Lunch Club</b><br>St Andrews Church Upper<br>Hall<br>29 Roman Road<br>Bearsden, G61 2SN      | <b>12.30pm – 2pm</b>   |

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| <b>Thursday 6<sup>th</sup> March</b>   | <b>Memories Scotland Group</b><br>Lennoxtown Library<br>The Hub, Main Street<br>Lennoxtown, G66 7JJ  | <b>2.30pm – 4.30pm</b>                           |
| <b>Friday 7<sup>th</sup> March</b>     | <b>Moving Memories with Kirky Cinema,</b><br>Kirkintilloch Town Hall<br>Kirkintilloch, G66 1DH   | <b>2pm</b><br><br><b>Film: Mary Poppins</b>      |
| <b>Monday 10<sup>th</sup> March</b>    | <b>Football Memory Group,</b><br>Woodhill Evangelical Church<br>30 Wester Cleddens Rd<br>Bishopbriggs, G64 2NH                               | <b>2pm – 3.30pm</b>                              |
| <b>Thursday 13<sup>th</sup> March</b>  | <b>Lenzie Old Parish Church Thursday Club</b><br>Lenzie Old Parish Church<br>Garngaber Ave<br>Lenzie, G66 4LJ                                | <b>2pm – 3.30pm</b>                              |
| <b>Friday 14<sup>th</sup> March</b>    | <b>Mind That Song,</b><br>Bearsden Cross Church<br>61 Drymen Road<br>Bearsden, G61 2SU   | <b>2pm – 3.30pm</b>                              |
| <b>Tuesday 18<sup>th</sup> March</b>   | <b>Come &amp; Sing</b><br>Lenzie Old Parish Church<br>Garngaber Ave<br>Lenzie, G66 4LJ   | <b>1.15pm – 2.45pm</b>                           |
| <b>Tuesday 18<sup>th</sup> March</b>   | <b>Sing Song</b><br>New Kilpatrick Church<br>28 Kirk Place<br>Bearsden, G61 3RT  | <b>2pm – 3.30pm</b>                              |
| <b>Wednesday 19<sup>th</sup> March</b> | <b>Digital Technology Information Workshop</b><br>Alzheimer Scotland<br>Dementia Resource Centre<br>49 Milngavie Road<br>Bearsden<br>G61 2DW | <b>2pm</b>                                       |
| <b>Thursday 20<sup>th</sup> March</b>  | <b>Movie Memories</b><br>GFT Cinema<br>Rose Street<br>Glasgow, G3 6RB  | <b>11am - 1pm</b><br><br><b>Film: Goldfinger</b> |
| <b>Thursday 20<sup>th</sup> March</b>  | <b>St Andrews Lunch Club</b><br>St Andrews Church Upper Hall<br>29 Roman Road<br>Bearsden, G61 2SN   | <b>12.30pm – 2pm</b>                             |

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|---|---|---------------------|
| <b>Thursday 20<sup>th</sup> March</b>   | <b>Thank You for The Music</b><br>Torrance Parish Church<br>1 School Road<br>Torrance, G64 4BZ                    | <b>1.30pm</b>       |
| <b>Thursday 20<sup>th</sup> March</b>   | <b>Lenzie Old Parish Church<br/>Thursday Club</b><br>Lenzie Old Parish Church<br>Garngaber Ave<br>Lenzie, G66 4LJ | <b>2pm – 3.30pm</b> |
| <b>Monday 24<sup>th</sup> March</b>   | <b>Football Memory Group,</b><br>Woodhill Evangelical Church<br>30 Wester Cleddens Rd<br>Bishopbriggs, G64 2NH    | <b>2pm – 3.30pm</b> |
| <b>Wednesday 26<sup>th</sup> March</b>  | <b>Memories Scotland Group</b><br>Kilmardinny House<br>Kilmardinny Ave<br>Bearsden, G61 3NN                       | <b>2pm – 3.30pm</b> |
| <b>Thursday 27<sup>th</sup> March</b>   | <b>Coffee &amp; Chat at Campsie</b><br>Campsie Parish Church<br>130 Main Street<br>Lennoxton, G66 7DA             | <b>1.30pm – 3pm</b> |
| <b>Thursday 27<sup>th</sup> March</b>   | <b>Lenzie Old Parish Church<br/>Thursday Club</b><br>Lenzie Old Parish Church<br>Garngaber Ave<br>Lenzie, G66 4LJ | <b>2pm – 3.30pm</b> |
| <b><u>WEEKLY GROUPS AND REFERRAL ONLY</u></b>   |   |                     |
| <b>Every Tuesday</b>  | <b>Breakaway</b><br>St Paul's Church<br>1 Baldernock Rd<br>Milngavie, G62 8DP                                     | <b>1.30pm</b>       |
| <b>Every Thursday</b>   | <b>Daybreak</b><br>New Kilpatrick Church<br>28 Kirk Place<br>Bearsden, G61 3RT                                    | <b>1.30pm</b>       |
| <b><u>ONLINE GROUPS</u></b><br>For those times when you cannot make it to an In Person Group, or wish to attend some groups in person, and some online. |   |                     |
| <b>Every Wednesday</b>  | <b>Transatlantic Juke Box<br/>Days partnering with<br/>Vermont, USA</b>   | <b>3.30pm</b>       |

For information on any of the Community Groups please contact:  
**Anne O'Donnell, Community Activity Organiser, Alzheimer Scotland**  
Email: [aodonnell@alzscot.org](mailto:aodonnell@alzscot.org) Tel: 07584 607565

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| Breakaway   | Robert Rutherford                              | Tel: 07718 084861  |
| Coffee & Chat at Campsie  | Anne O'Donnell                                 | Tel: 07584 607565  |
| Come & Sing   | Lorna Hall                                     | Tel: 07501 436725  |
| Daybreak  | Morven White                                   | Tel: 07919 134624  |
| Football Memories Group   | Anne O'Donnell                                 | Tel: 07584 607565  |
| Lenzie OP Thursday Club   | Mary Calder                                    | Tel: 07747 401505  |
| Sing Song   | Kirsteen McLean                                | Tel: 0141 942 7603 |
| St Andrew's Church Lunch Club   | Jim Cameron                                    | Tel: 07985 129119  |
| Thank You for The Music   | Marion Murray                                  | Tel: 07910 836828  |
| Memories Scotland Group   | Tracey O'Connor, East Dunbartonshire Libraries |                    |
| Email: <a href="mailto:Tracey.OConnor@eastdunbartonshire.gov.uk">Tracey.OConnor@eastdunbartonshire.gov.uk</a> |  |                    |

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to a member of staff.

To make a donation, please consider donating to our local Just Giving page: -

<https://www.justgiving.com/fundraising/alzheimer-scotland-east-dunbartonshire>

Thank you to everyone who has donated over the last month, every penny counts and is very much appreciated.

**THANK YOU**

