

# What's on

## April 2025 – South Ayrshire



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In person group		
Tues 1 <sup>st</sup> April	<b>Afternoon Tea Dance &amp; Ayrshire Ukes</b> South Beach Hotel, Troon <b>Booking required</b>	13.00pm – 15.00pm
Weds 2 <sup>nd</sup> April	<b>Wednesdays at Morrison Gardens</b> Morrison Gardens Sheltered Housing Complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Mon 7 <sup>th</sup> April	<b>Carer Chat &amp; Well Being</b> Tesco Community Room Whitletts Rd, Ayr	14.00pm – 15.30pm
Tues 8 <sup>th</sup> April	<b>Tuesdays at Millrock</b> Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Wed 9 <sup>th</sup> April	<b>Wednesdays at Morrison Gardens</b> Morrison Gardens Sheltered Housing Complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Tues 15 <sup>th</sup> April	<b>Tuesdays at Millrock</b> Millrock Court, Barassie, Troon Tea/coffee/chat plus a visit from the NHS Oral Health team	10.30am – 12.00noon
Weds 16 <sup>th</sup> April	<b>Wednesdays at Morrison Gardens</b> Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Mon 21 <sup>st</sup> April	<b>Carer Chat &amp; Well Being</b> Tesco Community Room Whitletts Rd, Ayr	14.00pm – 15.30pm
Tues 22 <sup>nd</sup> April	<b>Tuesdays at Millrock</b> Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon

Weds 23 <sup>rd</sup> April	<b>Wednesdays at Morrison Gardens</b> Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat plus a visit from Holly Houston offering advice and help/digital support	10.30am – 12.00noon
Thur 24 <sup>th</sup> April	<b>Allotment Open Day – Taster sessions</b> <b>Booking required</b> Explore the dementia friendly allotment space at Troon. Choose to sit and enjoy the surroundings or take part in some gentle gardening activity. Please contact Pam for more information and to book a slot.	Various time slots available throughout the day from 11.00am to 15.00pm <b>Weather dependent</b>
Tues 29 <sup>th</sup> April	<b>Tuesdays at Millrock</b> Millrock Court, Barassie, Troon Tea/coffee/chat	10.30am – 12.00noon
Tues 29 <sup>th</sup> April	<b>Music &amp; More</b> Tea/coffee/chat followed by an afternoon of live music and singing St Quivox church, Prestwick	14.00pm – 15.30pm
Wed 30 <sup>th</sup> April	<b>Wednesdays at Morrison Gardens</b> Morrison Gardens sheltered housing complex, Ayr Tea/coffee/chat	10.30am – 12.00noon
Wed 30 <sup>th</sup> April	<b>Memory Café</b> Boyle Court Community Room, Girvan, KA26 9ED A visit from the NHS Oral Health team.	10.00am – 11.30am

Contact details for groups:

Email: [PRudge@alzscot.org](mailto:PRudge@alzscot.org) Tel: 07788253234

Email: [LRobertson@alzscot.org](mailto:LRobertson@alzscot.org) Tel: 07585331946

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/alzheimer-scotland-east-south-ayrshire>

