## What's on February 2025



## East Dunbartonshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome. If you need help to attend though, please come with a companion who can provide any support you need. Unfortunately, we are unable to provide transport for these groups and would therefore gently remind you that it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

MONTHLY & FORTNIGHTLY GROUPS				
Monday 3 <sup>rd</sup> February	Coffee, Chat & Camaraderie Glasgow Junior High School 27 Ledcameroch Rd, Bearsden G61 4AE	2pm  Places must be booked via Anne O'Donnell		
Tuesday 4 <sup>th</sup> February	Come & Sing Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	1.15pm – 2.45pm		
Tuesday 4 <sup>th</sup> February	Sing Song New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	2pm – 3.30pm		
Thursday 6 <sup>th</sup> February	St Andrews Lunch Club St Andrews Church Upper Hall 29 Roman Road Bearsden, G61 2SN	12.30pm – 2pm		

Thursday 6 <sup>th</sup> February	Memories Scotland Group Lennoxtown Library The Hub, Main Street Lennoxtown, G66 7JJ	2.30pm – 4.30pm
Friday 7 <sup>th</sup> February	Moving Memories with Kirky Cinema, Kirkintilloch Town Hall Kirkintilloch, G66 1DH	2pm  Film: Sister Act 2. Back in the Habit
Monday 10 <sup>th</sup> February	Football Memory Group, Woodhill Evangelical Church 30 Wester Cleddens Rd Bishopbriggs, G64 2NH	2pm – 3.30pm
Thursday 13 <sup>th</sup> February	Lenzie Old Parish Church Thursday Club Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	2pm – 3.30pm
Friday 14 <sup>th</sup> February	Mind That Song, Bearsden Cross Church 61 Drymen Road Bearsden, G61 2SU	2pm – 3.30pm
Tuesday 18 <sup>th</sup> February	Come & Sing Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	1.15pm – 2.45pm
Tuesday 18 <sup>th</sup> February	Sing Song New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	2pm – 3.30pm
Tuesday 18 <sup>th</sup> February  Thursday 20 <sup>th</sup> February	New Kilpatrick Church 28 Kirk Place	2pm – 3.30pm  11am - 1pm  Film: I Know Where I Am Going
	New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT  Movie Memories GFT Cinema Rose Street	11am - 1pm Film: I Know Where I Am

Thursday 20 <sup>th</sup> February	Lenzie Old Parish Church Thursday Club Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	2pm – 3.30pm	
Monday 24th February	Football Memory Group, Woodhill Evangelical Church 30 Wester Cleddens Rd Bishopbriggs, G64 2NH	2pm – 3.30pm	
Wednesday 26 <sup>th</sup> February	Memories Scotland Group Kilmardinny House Kilmardinny Ave Bearsden, G61 3NN	2pm – 3.30pm	
Thursday 27 <sup>th</sup> February	Coffee & Chat at Campsie Campsie Parish Church 130 Main Street Lennoxtown, G66 7DA	1.30pm – 3pm	
Thursday 27 <sup>th</sup> February	Lenzie Old Parish Church Thursday Club Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	2pm – 3.30pm	
WEEKLY GROUPS AND F	REFERRAL ONLY		
Every Tuesday	Breakaway St Paul's Church 1 Baldernock Rd Milngavie, G62 8DP	1.30pm	
Every Thursday	Daybreak New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	1.30pm	
ONLINE GROUPS For those times when you cannot make it to an In Person Group, or wish to attend some groups in person, and some online.			
Every Wednesday	Transatlantic Juke Box Days partnering with Vermont, USA	3.30pm	

## For information on any of the Community Groups please contact: Anne O'Donnell, Community Activity Organiser, Alzheimer Scotland Email: aodonnell@alzscot.org Tel: 07584 607565

**Breakaway** Robert Rutherford Tel: 07718 084861 **Coffee & Chat at Campsie** Anne O'Donnell Tel: 07584 607565 Come & Sing Lorna Hall Tel: 07501 436725 Tel: 07919 134624 **Daybreak** Morven White **Football Memories Group** Anne O'Donnell Tel: 07584 607565 **Lenzie OP Thursday Club** Mary Calder Tel: 07747 401505 Sina Sona Kirsteen McLean Tel: 0141 942 7603 St Andrew's Church Lunch Club Jim Cameron Tel: 07985 129119 Thank You for The Music **Marion Murray** Tel: 07910 836828 **Memories Scotland Group Tracey O'Connor, East Dunbartonshire Libraries** 

Email: Tracey.OConnor@eastdunbartonshire.gov.uk

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to a member of staff.

To make a donation, please consider donating to our local Just Giving page: -



https://www.justgiving.com/fundraising/alzheimer-scotland-east-dunbartonshire

Thank you to everyone who has donated over the last month, every penny counts and is very much appreciated.

**THANK YOU**