

# What's on January 2025

## – East Dunbartonshire



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome. If you need help to attend though, please come with a companion who can provide any support you need. Unfortunately, we are unable to provide transport for these groups and would therefore gently remind you that it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

<b>MONTHLY &amp; FORTNIGHTLY GROUPS</b>		
<b>Tuesday 7<sup>th</sup> January</b>	<b>Come &amp; Sing</b> Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	<b>1.15pm – 2.45pm</b>
<b>Tuesday 7<sup>th</sup> January</b>	<b>Sing Song</b> New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	<b>2pm – 3.30pm</b>
<b>Friday 10<sup>th</sup> January</b>	<b>Mind That Song,</b> Bearsden Cross Church 61 Drymen Road Bearsden, G61 2SU	<b>2pm – 3.30pm</b>
<b>Monday 13<sup>th</sup> January</b>	<b>Football Memory Group,</b> Woodhill Evangelical Church 30 Wester Cleddens Rd Bishopbriggs, G64 2NH	<b>2pm – 3.30pm</b>
<b>Thursday 16<sup>th</sup> January</b>	<b>Movie Memories</b> GFT Cinema Rose Street Glasgow, G3 6RB	<b>11am - 1pm</b>  <b>Film: The Odd Couple</b>

<b>Thursday 16<sup>th</sup> January</b>	<b>St Andrews Lunch Club</b> St Andrews Church Upper Hall 29 Roman Road Bearsden, G61 2SN	<b>12.30pm – 2pm</b>
<b>Thursday 16<sup>th</sup> January</b>	<b>Thank You for The Music</b> Torrance Parish Church 1 School Road Torrance, G64 4BZ	<b>1.30pm</b>
<b>Thursday 16<sup>th</sup> January</b>	<b>Lenzie Old Parish Church Thursday Club</b> Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	<b>2pm – 3.30pm</b>
<b>Tuesday 21<sup>st</sup> January</b>	<b>Come &amp; Sing</b> Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	<b>1.15pm – 2.45pm</b>
<b>Tuesday 21<sup>st</sup> January</b>	<b>Sing Song</b> New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	<b>2pm – 3.30pm</b>
<b>Monday 27<sup>th</sup> January</b>	<b>Football Memory Group,</b> Woodhill Evangelical Church 30 Wester Cleddens Rd Bishopbriggs G64 2NH	<b>2pm – 3.30pm</b>
<b>Wednesday 29<sup>th</sup> January</b>	<b>Memories Scotland Group</b> Lennoxtown Library The Hub, Main Street Lennoxtown, G66 7JJ	<b>2.30pm – 4.30pm</b>
<b>Thursday 30<sup>th</sup> January</b>	<b>Coffee &amp; Chat at Campsie</b> Campsie Parish Church 130 Main Street Lennoxtown, G66 7DA	<b>1.30pm – 3pm</b>
<b>Thursday 30<sup>th</sup> January</b>	<b>Lenzie Old Parish Church Thursday Club</b> Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	<b>2pm – 3.30pm</b>
<b><u>WEEKLY GROUPS AND REFERRAL ONLY</u></b>		
<b>Every Tuesday</b>	<b>Breakaway</b> St Paul's Church 1 Baldernock Rd Milngavie, G62 8DP	<b>1.30pm</b>
<b>Every Thursday</b>	<b>Daybreak</b> New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	<b>1.30pm</b>

## ONLINE GROUPS

For those times when you cannot make it to an In Person Group, or wish to attend some groups in person, and some online.

Every Wednesday	Transatlantic Juke Box Days partnering with Vermont, USA	3.30pm
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For information on any of the Community Groups please contact:  
**Anne O'Donnell, Community Activity Organiser, Alzheimer Scotland**  
Email: [aodonnell@alzscot.org](mailto:aodonnell@alzscot.org) Tel: 07584 607565

Breakaway	Robert Rutherford	Tel: 07718 084861
Coffee & Chat at Campsie	Anne O'Donnell	Tel: 07584 607565
Come & Sing	Lorna Hall	Tel: 07501 436725
Daybreak	Morven White	Tel: 07919 134624
Football Memories Group	Anne O'Donnell	Tel: 07584 607565
Lenzie OP Thursday Club	Mary Calder	Tel: 07747 401505
Sing Song	Kirsteen McLean	Tel: 0141 942 7603
St Andrew's Church Lunch Club	Jim Cameron	Tel: 07985 129119
Thank You for The Music	Marion Murray	Tel: 07910 836828
Memories Scotland Group	Tracey O'Connor, East Dunbartonshire Libraries	
Email: <a href="mailto:Tracey.OConnor@eastdunbartonshire.gov.uk">Tracey.OConnor@eastdunbartonshire.gov.uk</a>		

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to a member of staff.

To make a donation, please consider donating to our local Just Giving page: -

<https://www.justgiving.com/fundraising/alzheimer-scotland-east-dunbartonshire>



Thank you to everyone who has donated over the last month, every penny counts and is very much appreciated.

**THANK YOU**