What's on November 2024



East Dunbartonshire

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome. If you need help to attend though, please come with a companion who can provide any support you need. Unfortunately, we are unable to provide transport for these groups and would therefore gently remind you that it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

MONTHLY & FORTNIGHTLY GROUPS			
Friday 1 st November	Moving Memories with Kirky Cinema, Kirkintilloch Town Hall Kirkintilloch G66 1DH	2pm Film: Mamma Mia 2	
Thursday 7 th November	St Andrews Lunch Club St Andrews Church Upper Hall 29 Roman Road Bearsden G61 2SN	12.30pm – 2.30pm	
Thursday 7 th November	Lenzie Old Parish Church Thursday Club Lenzie Old Parish Church Garngaber Ave Lenzie G66 4LJ	2pm – 3.30pm	
Thursday 7 th November	Memories Scotland Group Lennoxtown Library The Hub, Main Street Lennoxtown, G66 7JJ	2.30pm – 4.30pm	

Friday 8 th November	Mind That Song, Bearsden Cross Church 61 Drymen Road Bearsden G61 2SU	2pm – 3.30pm
Monday 11 th November	Football Memory Group, Woodhill Evangelical Church 30 Wester Cleddens Rd Bishopbriggs G64 2NH	2pm – 3.30pm
Tuesday12th November	Come & Sing Lenzie Old Parish Church Garngaber Ave Lenzie G66 4LJ	1.15pm – 2.45pm
Tuesday 12 th November	Sing Song New Kilpatrick Church 28 Kirk Place Bearsden G61 3RT	2pm – 3.30pm
Thursday 21 st November	Movie Memories GFT Cinema Rose Street Glasgow G3 6RB	11am - 1pm Film: Seven Brides for Seven Brothers
Thursday 21 st November	St Andrews Lunch Club St Andrews Church Upper Hall 29 Roman Road Bearsden G61 2SN	12.30pm – 2.30pm
Thursday 21 st November	Thank You for The Music Torrance Parish Church 1 School Road Torrance G64 4BZ	1.30pm
Thursday 21 st November	Lenzie Old Parish Church Thursday Club Lenzie Old Parish Church Garngaber Ave Lenzie G66 4LJ	2pm – 3.30pm

Monday 25 th November	Football Memory Group, Woodhill Evangelical Church 30 Wester Cleddens Rd Bishopbriggs, G64 2N	2pm – 3.30pm		
Tuesday 26 th November	Come & Sing Lenzie Old Parish Church Garngaber Ave Lenzie, G66 4LJ	1.15pm – 2.45pm		
Tuesday 26 th November	Sing Song New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	2pm – 3.30pm		
Wednesday 27 th November	Memories Scotland Group Kilmardinny House Kilmardinny Ave Bearsden G61 3NN	2pm – 3.30pm		
Thursday 28 th November	Coffee & Chat at Campsie Campsie Parish Church 130 Main Street Lennoxtown G66 7DA	1.30pm – 3pm		
WEEKLY GROUPS AND REFERRAL ONLY				
Every Tuesday	Breakaway St Paul's Church 1 Baldernock Rd Milngavie, G62 8DP	1.30pm		
Every Thursday	Daybreak New Kilpatrick Church 28 Kirk Place Bearsden, G61 3RT	1.30pm		
ONLINE GROUPS For those times when you cannot make it to an In Person Group, or wish to attend some groups in person, and some online.				
Every Wednesday	Transatlantic Juke Box Days partnering with Vermont, USA	3.30pm		

For information on any of the Community Groups please contact: Anne O'Donnell, Community Activity Organiser, Alzheimer Scotland Email: aodonnell@alzscot.org Tel: 07584 607565

Breakaway Robert Rutherford Tel: 07718 084861 **Coffee & Chat at Campsie** Anne O'Donnell Tel: 07584 607565 Come & Sing Lorna Hall Tel: 07501 436725 **Daybreak Morven White** Tel: 07919 134624 **Football Memories Group** Anne O'Donnell Tel: 07584 607565 **Lenzie OP Thursday Club** Mary Calder Tel: 07747 401505 Kirsteen McLean Sing Song Tel: 0141 942 7603 St Andrew's Church Lunch Club Jim Cameron Tel: 07985 129119 Thank You for The Music **Marion Murray** Tel: 07910 836828 **Memories Scotland Group Tracey O'Connor, East Dunbartonshire Libraries**

Email: Tracey.OConnor@eastdunbartonshire.gov.uk

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to a member of staff.

To make a donation, please consider donating to our local Just Giving page: -



https://www.justgiving.com/fundraising/alzheimer-scotland-east-dunbartonshire

Thank you to everyone who has donated over the last month, every penny counts and is very much appreciated.

THANK YOU