

What's on



December 2024 – Cumnock

For further information please contact Paul Barber at pbarber@alzscot.org or on 07880 790337

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are above.

In Person Group		
Tues 3 rd Dec	Coffee Catch Up EACH Robin Room	2.00pm – 4.00pm
Thurs 5 th Dec	Coffee Catch Up Netherthird Community Centre	2.00pm – 4.00pm
Tues 10 th Dec	Live music from Wullie on Bagpipes EACH Café	2.00pm – 4.00pm
Thurs 12 th Dec	Afternoon Tea Netherthird Community Centre	2.00pm – 4.00pm
Tues 17 th Dec	Xmas party Music and Munchies EACH Robin Room	2.00pm – 4.00pm

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

A banner for the 24-hour Dementia Helpline. It features the Alzheimer Scotland logo and the text '24 HOUR Dementia Helpline' in large white letters on a dark blue background. Below the helpline name, it provides the freephone number 0808 808 3000 and the email address helpline@alzscot.org.

24 HOUR
Dementia
Helpline
Freephone 0808 808 3000
Email helpline@alzscot.org

East Ayrshire Community Hospital, Ayr Road, Cumnock, KA18 1EF

Netherthird Community Centre, 65 Ryderston Drive, Cumnock, KA18 3AR