

What's on

October - Inverclyde



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In Person Group		
Tuesday 1 st Oct	<p>Gardening Group at Caddlehill allotments Caddlehill Allotments at the top of Kelly Street PA16 8TS Come along to our garden group enjoy nature in a quiet calm environment, where you can do some gardening, give gardening advise, make new friends enjoy the gardening space we are creating together, our gardening group is for people living with dementia carers family. Join us for tea coffee friendship support and a very warm welcome</p>	10.00-12.00
Tuesday 1 st Oct	<p>Dementia Cafe Watt Institution Creativity Space, Greenock (Enter via Union Street) Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.</p>	13.00-15.00
Wednesday 2 nd Oct	<p>Football Memories Greenock Morton Football Club, Cappielow Park, Sinclair Street, Greenock, PA15 2TU Football memories is a welcoming group for people with living with dementia that features archive images of players, trophies, old match balls, kit and other memorabilia session. It lasts for 90 minutes with a Bovril (or tea/coffee).</p>	13.30-15.00
Tuesday 8 th Oct	<p>Gardening Group at Caddlehill allotments Caddlehill Allotments at the top of Kelly Street PA16 8TS Come along to our garden group enjoy nature in a quiet calm environment, where you can do some gardening, give gardening advise, make new friends enjoy the gardening space we are creating together, our gardening group is for people living with dementia carers family. Join us for tea coffee friendship support and a very warm welcome</p>	10.00-12.00

Tuesday 8 th Oct	<p>Lunchtime Drop In Carers Centre 68-70 Cathcart Street Greenock PA15 1DD The lunchtime drop in is friendly and welcoming for anyone who would like to speak to a Dementia advisor No appointment needed</p>	12.00 -13.30
Tuesday 8 th Oct	<p>Dementia Cafe Watt Institution Creativity Space, Greenock (Enter via Union Street) Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends</p>	13.00-15.00
Tuesday 15 th Oct	<p>Gardening Group at Caddlehill allotments Caddlehill Allotments at the top of Kelly Street PA16 8TS Come along to our garden group enjoy nature in a quiet calm environment, where you can do some gardening, give gardening advise, make new friends enjoy the gardening space we are creating together, our gardening group is for people living with dementia carers family. Join us for tea coffee friendship support and a very warm welcome</p>	10.00-12.00
Tuesday 15 th Oct	<p>Dementia Cafe Watt Institution Creativity Space, Greenock (Enter via Union Street) Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.</p>	13.00-15.00
Wednesday 16 th Oct	<p>Football Memories Greenock Morton Football Club, Cappielow Park, Sinclair Street, Greenock, PA15 2TU Football memories is a welcoming group for people with living with dementia that features archive images of players, trophies, old match balls, kit and other memorabilia session. It lasts for 90 minutes with a Bovril (or tea/coffee).</p>	13.30 -15.00
Tuesday 22 nd Oct	<p>Gardening Group at Caddlehill allotments Caddlehill Allotments at the top of Kelly Street PA16 8TS Come along to our garden group enjoy nature in a quiet calm environment, where you can do some gardening, give gardening advise, make new friends enjoy the gardening space we are creating together, our gardening group is for people living with dementia carers family. Join us for tea coffee friendship support and a very warm welcome</p>	10.00-12.00
Tuesday 22 nd Oct	<p>Dementia Cafe Watt Institution Creativity Space, Greenock (Enter via Union Street) Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.</p>	13.00-15.00

Monday 28 th Oct	Musical Minds Greenock Baptist Church, St Andrews St Greenock PA15 1HG Entertainment provided by Clydeside singers hosted by GCAS Songs from the shows and much more!! Our Musical Minds group is for people living with dementia and their family carers. Join us for tea, coffee, raffle included, great entertainment, friendship.	10.30- 12.30
Monday 28 th Oct	Lyle Gateway Embracing Memories Memory café Lyle Gateway 31 Union Street Greenock For people living with dementia and their carers Dementia advisor will be available if any carers would like advice or wish to discuss confidentiality (12.00 - 14.00)	12.00-15.00
Monday 28 th Oct	Carer Coffee and catch up The carers support group provides carers with an opportunity to meet other carers, talk about caring role learning from each other who understand what they are going through Tea/coffee provided	18.00 -19.30
Wednesday 30 th Oct	Dementia Cafe Kilmacolm Library, 13 Lochwinnoch Rd, Kilmacolm, PA13 4HB Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.	11.00- 12.45

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>
 Contact details for groups: All Groups

Dementia Advisor Elaine Edgar

Community activity Organiser Janice Farren

Email: eedgar@alzscot.org Tel: 07803887806 office: 01475 261 100

Email: jfarren@alzscot.org Tel 07990138163 office: 01475 261 100



24 HOUR
Dementia
Helpline
 Freephone 0808 808 3000
 Email helpline@alzscot.org