

What's on



November 2024 – Cumnock

For further information please contact Paul Barber at pbarber@alzscot.org or on 07880 790337

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are above.

In Person Group		
Tues 12 th Nov	Music & More – True colours Ukulele Band EACH Robin Room	2.00pm – 4.00pm
Tues 19 th Nov	Coffee Catch Up EACH Robin Room	2.00pm – 4.00pm
Thurs 21 st Nov	Coffee Catch Up Netherthird Community Centre	2.00pm – 4.00pm
Tues 26 th Nov	Coffee Catch Up EACH Robin Room	2.00pm – 4.00pm
Thurs 28 th Nov	Live Music – Charlie on Guitar Netherthird Community Centre	2.00pm – 4.00pm

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>

A banner for the Alzheimer Scotland Dementia Helpline. It features a dark blue background with a red '24 HOUR' button, the Alzheimer Scotland logo, and the text 'Dementia Helpline' in large white font. Below this, a red bar contains the contact information: 'Freephone 0808 808 3000' and 'Email helpline@alzscot.org'.

24 HOUR
Dementia  Alzheimer Scotland
Action on Dementia
Helpline
Freephone 0808 808 3000
Email helpline@alzscot.org

East Ayrshire Community Hospital, Ayr Road, Cumnock, KA18 1EF

Netherthird Community Centre, 65 Ryderston Drive, Cumnock, KA18 3AR