

# What's on

## July - Inverclyde



Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them. We are unable to transport for these groups and therefore it is your responsibility to get to and from this community activity, safely. Please speak to us, so we can support you to explore other transport options.

We are also here for you with a warm drink, food and company. We will be providing more coffee catch ups, or just pop in for a warm drink. Please see below for more details.

If you are unsure, or have questions about any of the groups, or have an idea for a new group, please let us know. All contact details are below.

In Person Group		
Monday 1 <sup>st</sup> July	<b>Musical Minds</b> <b>Greenock Baptist Church, St Andrews St</b> <b>Greenock PA15 1HG</b> Songs from the shows and much more!! Our Musical Minds group is for people living with dementia and their family carers. Join us for tea, coffee, great entertainment, friendship.	<b>10.30-12.00pm</b>
Tues 2 <sup>nd</sup> July	<b>Dementia Cafe</b> <b>Watt Institution Creativity Space, Greenock</b> <b>(Enter via Union Street)</b> Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.	<b>13.00 -15.00pm</b>
Wed 3 <sup>rd</sup> July	<b>Football Memories</b> <b>Greenock Morton Football Club, Cappielow Park, Sinclair Street, Greenock, PA15 2TU</b> Football memories is a welcoming group for people with living with dementia that features archive images of players, trophies, old match balls, kit and other memorabilia session. It lasts for 90 minutes with a Bovril (or tea/coffee) at half time	<b>13.30-15.00pm</b>
Tues 9 <sup>th</sup> July	<b>Lunchtime Drop In Carers Centre</b> <b>68-70 Cathcart Street Greenock PA15 1DD</b> The lunchtime drop in is friendly and welcoming for anyone who would like to speak to a Dementia Advisor. No appointment needed	<b>12.00pm –13.30pm</b>
Tues 9 <sup>th</sup> July	<b>Dementia Cafe</b> <b>Watt Institution Creativity Space, Greenock</b> <b>(Enter via Union Street)</b> Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.	<b>13.00pm –15.00pm</b>
Tues 16 <sup>th</sup> July	<b>Dementia Cafe</b> <b>Watt Institution Creativity Space, Greenock</b> <b>(Enter via Union Street)</b>	

	Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends	
<b>Wed 17<sup>th</sup> July</b>	<b>Football Memories</b> <b>Greenock Morton Football Club, Cappielow Park, Sinclair Street, Greenock, PA15 2TU</b> Football memories is a welcoming group for people with living with dementia that features archive images of players, trophies, old match balls, kit and other memorabilia session. It lasts for 90 minutes with a Bovril (or tea/coffee) at half time	<b>13.30-15.00pm</b>
<b>Tues 23<sup>rd</sup> July</b>	<b>Dementia Cafe</b> <b>Watt Institution Creativity Space, Greenock (Enter via Union Street)</b> Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends	<b>13.00-15.00</b>
<b>Monday 29<sup>th</sup> July</b>	<b>Musical Minds</b> <b>Greenock Baptist Church, St Andrews St Greenock PA15 1HG</b> Songs from the shows and much more!! Our Musical Minds group is for people living with dementia and their family carers. Join us for tea, coffee, great entertainment, friendship.	<b>10.30-12.00pm</b>
<b>Monday 29<sup>th</sup> July</b>	<b>Carers Coffee &amp; Catch Up</b> Come along for tea/coffee, catch up, peers support with other carers. Relax in a comfortable environment and share experiences	<b>18.00- 19.30pm</b>
<b>Tuesday 30<sup>th</sup> July</b>	<b>Lunchtime Drop In Carers Centre</b> <b>68-70 Cathcart Street Greenock PA15 1DD</b> The lunchtime drop in is friendly and welcoming for anyone who would like to speak to a Dementia Advisor. No appointment needed	<b>12.00-13.30pm</b>
<b>Tuesday 30<sup>th</sup> June</b>	<b>Dementia Cafe</b> <b>Watt Institution Creativity Space, Greenock (Enter via Union Street)</b> Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.	<b>13.00-15.00pm</b>
<b>Wed 31<sup>st</sup> July</b>	<b>Dementia Cafe</b> <b>Kilmacolm Library, 13 Lochwinnoch Rd, Kilmacolm, PA13 4HB</b> Drop-In for people living with Dementia, their Carers & Families. Join us for refreshments; fun & creativity; stories; and the opportunity to make new friends.	<b>11.00-12.45pm</b>

Our support and activities are only possible thanks to the donations we gratefully receive. There are many ways to support our groups, please speak to any member of staff detailed above for more details. To make a donation, please consider donating to our local Just Giving page <https://www.justgiving.com/fundraising/>  
Contact details for groups: All Groups

Elaine Edgar: Dementia Advisor – Email: [eedgar@alzscot.org](mailto:eedgar@alzscot.org) Tel: 07803887806  
office: 01475 261 100 or Janice Farren: Community Activity Organiser -Email: [jfarren@alzscot.org](mailto:jfarren@alzscot.org) Tel 07990138163 office: 01475 261 100

**24 HOUR**

**Dementia**  **Alzheimer Scotland**  
Action on Dementia

# Helpline

Freephone 0808 808 3000  
Email [helpline@alzscot.org](mailto:helpline@alzscot.org)

