

GRAMPIAN

Wellbeing

festival

Ellon Castle Gardens Walk

With

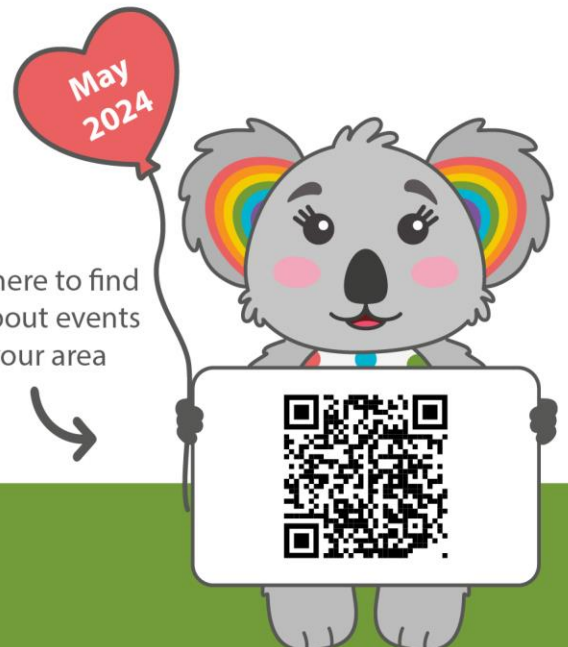
Alzheimer Scotland

On Wednesday 29th May 2024

*Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently **and/or for** those unable to do so should come with a companion who can provide any support for them.*

To book a place contact
Susan -
swestcott@alzscot.org or
tel 07876 003 154

Scan here to find
out about events
in your area



Promoting positive mental wellbeing in Grampian

This year, the Wellbeing Festival is running across Grampian.
The month of May will be filled with many wellbeing events.