

Alzheimer Scotland

Calendar of Events 2013

Making sure no-one goes through dementia on their own

April

Sunday 14	Rock and Roll Edinburgh Half Marathon
Sunday 21	Virgin London Marathon
Thursday 25	An Antiques Valuation Day

May

Saturday 11	Loch Leven Half Marathon
Sunday 12	Ignis Asset Management Glasgow Women's 10K
Sunday 19	City of Aberdeen Baker Hughes 10K Race
Saturday 25, Sunday 26	Edinburgh Marathon Festival (EMF) of Running
Monday 27	Bupa London 10k

June

Sunday 2	Challenge Scotland (summer) Events -
	Walk for Scotland
	The Golden Mile Walks
	Run for Scotland
	The Great Scottish Buggy Run
	Toddle for Scotland
Saturday 8	Isle of Skye Half Marathon
Sunday 16	Rotary Club of South Queensferry Forth Rail Abseil
Sunday 16	MHFS 10K for Men, Glasgow
Saturday 22	Rob Roy Challenge

July

Sunday 14	Bupa Great Edinburgh Run
Saturday 27	Glasgow Big Fun Run
Sunday 28	Edinburgh Big Fun Run
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August

Friday 16	The Ben Nevis Challenge
Saturday 24	Dundee Abseil
Saturday 24, Sunday 25	Tough Mudder

September

Saturday 7	Edinburgh Night Ride
Sunday 8	Pedal for Scotland
Saturday 14, Sunday 15	Thames Path Challenge
Sunday 15	Bupa Great North Run
Wednesday 18	London to Paris Bike Ride
Friday 20	Three Peaks Challenge
Saturday 21	Alzheimer Scotland Memory Walk
Sunday 22	The Penielheugh Monument Abseil Challenge
Sunday 29	Berlin Marathon
Sunday 29	Loch Ness Marathon Festival

October

Sunday 6	Bank of Scotland Great Scottish Run
Saturday 19	Alzheimer Scotland Forget Me Not Ball
Sunday 27	Forth Rail Abseil

November

Saturday 2	Alzheimer Scotland Firewalk
Sunday 3	New York Marathon
Tuesday 12	Peru Trek

December

Sunday 8	Challenge Scotland (winter) Events -	
	Edinburgh Christmas Walk	
	Edinburgh Christmas Run	
	Edinburgh Golden Tinsel Mile Walks	

Scan here



If you don't have a smartphone and wish to sign up to any of these events visit **www.alzscot.org**/fundraisingevents or call **0845 2600 789**





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