



Alzheimer Scotland
Action on Dementia

Date: May 2014

Page 1

Falkirk Service Newsletter



Alzheimer Scotland Annual Conference 2014

Innovation, Research and Technology in Dementia

June 6th 2014

Alzheimer Scotland is delighted to announce that our Dementia Awareness Conference will be taking place on Friday 6th June 2014 in the Crowne Plaza Hotel, Glasgow. This year's theme will explore:

- innovations in policy and practice;
- the latest dementia research;
- assistive technologies and the ethics of technology in dementia care;
- looking to the future – locally, nationally and internationally.

We do have a small number of free spaces available for people with dementia, carers and family members. Please email daw@alzscot.org for more information.

New Early Stage Drop-in Café

Opening Saturday 3rd May 2014.

For many people in the early stages of dementia meeting others in the same situation can be really beneficial. With this in mind we are offering a Drop In at The Maples with staff on hand to chat to and provide information.



Summer Fayre

Saturday 31st May 2014

To mark Dementia Awareness Week we are holding our annual Summer Fayre in Trinity Church (was St Modan's & Old Church) Hall in the High Street, Falkirk, from 10am – 2pm. Entry is £4.00, which includes home-made soup & bread and home baking with tea/coffee.

Tickets can be bought from the Service office or paid at the door.

We are always very grateful to anyone who is able to help with this event so if you are able to help on the day or with a donation of soup, baking or tombola prizes please contact Julie Drummond in the office on 01324 559480.

All funds raised at these events will help people with dementia and their carers in the Falkirk area.

Carers Support Groups

Many carers find a great benefit from attending a support group.

Alzheimer Scotland hold a carers support group on the first Tuesday of every month at:
St Francis Church Hall, Hope Street, Falkirk.
Time: 10am – 12 noon.



If you would like more information on the support group, please call us on 01324 559480.

Survey Results



Earlier this year we asked everyone who received a service from Alzheimer Scotland to complete a short survey, to gain opinions about the quality of the service and to see if there are ways we can improve this and build on the range of services we offer.

I would like to thank everyone who took the time to complete this and detailed below is a summary of the results.

Who took part?

We sent out different questionnaires to people with dementia and carers (131 to carers and 98 to people with dementia.). We got a good response with 56% returned.

People with dementia who use our services

Satisfied?

37 people with dementia who use our services completed the customer satisfaction survey. They rated their satisfaction levels of the service as follows:

26 people rated 6/6 (excellent)

9 people rated 5/6 (very good)

1 people rated 4/6 (good)

1 people rated 3/6 (satisfactory)

Comments received:

"I am so happy and always look forward to my day out."

"I felt the support from the service surprised me- in a good way!"

"I feel better since the girls have been coming, Makes my life brighter and lighter and I no longer feel down in the dumps."

"The best companion I could ask for- thank you."

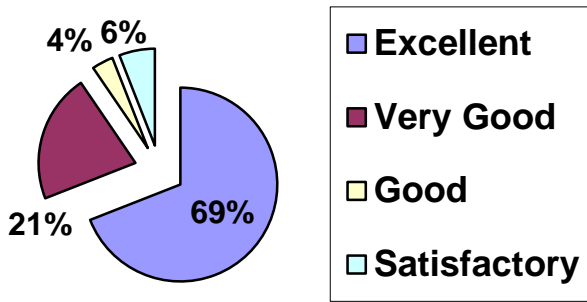
"This has really helped open my mind."

The carers and families who use our service

Satisfied?

In total, 86 carers completed the customer satisfaction survey. They rated their satisfaction levels with the service they interact with as follows:

Satisfaction levels



Comments from Carers:

“Expectations exceeded. Mum wasn’t too keen to have support but now loves it. Service gives dad a break and mum really enjoys it. I have been v impressed.”

“Exceptional service. Caring and thoughtful carers and managers. 1st Class- only pity is that we need it- It’s a terrible illness.”

“Staff are first class and have made a massive difference to the quality of life for myself and my wife- I can’t thank you enough.”

“The staff are so nice and caring, as if they have been hand-picked for the job.”

Questionnaire conclusion:

I am delighted that the majority of people feel very satisfied with the support they receive from Alzheimer Scotland. There is always room for improvement and we welcome any comments and suggestions as to how we can make things better.

Carers Information Courses

We have a new programme of information sessions for carers.

These will be held at:

Princess Royal Trust for Carers Centre
1A Bank Street, Falkirk, FK1 1NB

Time: 1pm-3.30pm

20th May - Self Directed Support and Respite Options –
exploring the different *care* packages offered by social work, and types of respite available for the person with dementia

3rd June - Stress Management and Relaxation –
tips and techniques on looking after yourself

16th September - Anticipatory Care and Planning for the Future –
looking at the wishes of the person with dementia in relation to current and future treatment.

If you would like to attend any of the forth coming sessions please contact Justine Davidson on 01324 559480.





Alzheimer Scotland
Action on Dementia

Increased Post Diagnostic Support

We are delighted to announce we have received additional funding from the Change Fund to increase the work we do with people with a new diagnosis of dementia.

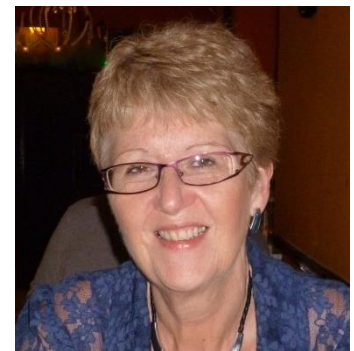
We now have 4 Link Workers in post which will enable us to see a greater number of people earlier on. The Link workers will be relocating to be based within the offices at **Princes Royal Trust for Carers, Bank Street, Falkirk from May 2014.**

This move is very positive and enables us to build on the joint working we already do with PRT. In addition, Justine Davidson, our Dementia Advisor will also be based within this team.

Latest addition to the Service Team.

Jory Martin has recently joined our team as a Practice Team Leader working 17.5 hours a week. Her role is deputising for the Service Manager and supporting staff to deliver a high quality service.

Jory comes from a senior post within Social Work in Glasgow and took early retirement. She was keen to get back to working in a more hands on way and her wealth of knowledge and skills will be a real asset to the team.



Branch AGM

The AGM will be held on Wednesday 21st May at 7.30pm at St Francis Church Hall Hope Street Falkirk.

Our speaker will be Elaine Harley, Manager of our National Dementia Helpline. Please come along and hear about the ongoing work of one of the Society's most valued services which is now nearly 25 years old.

Branch Conference



Some Falkirk Branch will be attending the organisations Branch conference on 29th May at the Stirling Highland Hotel.

This annual event allows Branch members from over the whole country to network and learn of what activities are taking place in different branches.

Burns Supper

Advance Notice - The Branch will be holding a Burns Supper again for the first time in several years. It is back after popular demand and will be in Falkirk Lesser Town Hall on Monday 19th January 2015.



We are going purple!

Coming soon..... Look out for Alzheimer Scotland's new logo with the colour change. Look carefully at the change in emphasis of the figures!

Can you help?

The Branch are looking for second hand books for the Falkirk Charities Day in August. Please keep any you have and hand them into Johnston Avenue or let us know and we can collect them from you.



Please let us know if you would be willing to help with any of our supermarket or street collections during the course of the year. We have collections at Co-op, New Carron and Howgate and the High Street, Falkirk.

Let us know about your experiences with



The Branch are hoping to have a meeting along with the Stirling Branch with the Dementia Nurse Consultant and staff at FVRH to discuss ongoing issues. We would be interested to hear of any experiences you may be aware of from the hospital involving the care of a person with dementia.

To protect confidentiality we would not need to know names of the people involved but it would be helpful if the problem concerned a particular Ward or Wards or the care generally to provide us with any feedback which could be raised when we meet at the hospital.

If you have any comments on the use of the Butterfly scheme please let us know.

Please contact our chairman or secretary by e-mail or speak to any of the Service Team at Johnston Avenue on 01324 559480.

Branch Chairman – David McClements
Email - de.mcclements@virgin.net

Branch Secretary - David McMenemy
davidmcmenemy@blueyonder.co.uk

Branch or Service?

Some people are not entirely sure what the difference between the Service and Branch are. We hope this will clear things up.

Branch – The Falkirk Branch operates parallel to the service and is run by a dedicated group of volunteers who meet every 6-8 weeks. Its main focus is awareness raising and organising local fundraising events.

Service – Provides services to people with dementia and their families throughout the Falkirk and Bo'ness areas. The services provided include: Day Care, Home Support, various clubs groups and drop-in's. A full list of what's on can be found on the back page.

All staff at the Services are paid. This is to ensure a high level of service is consistently provided. We also rely on volunteers within our Day Care service to complement the staff ratio and increase the one to one time we can spend with people.

Our thanks to Sainsbury's



Over the past year we have been the local Charity of the year for Sainsbury's store in Denny. We would like to thank them for their generosity in raising a fantastic sum of money to help with our work in the Falkirk area.

They have taken part in bike rides, can collections and bag packing - to name but a few - and we are very grateful to them not only for the funds, but for raising awareness within our local community.

And finally...

Our Branch chairman, David McClements, is running the Loch Leven half marathon on 10th May for our local services.

If you would like to support him you can donate at www.mydonate.bt.com/fundraisers/davidmcclements1



What's On....

Musical Memories

1st Monday every month
Trinity Church, High Street, Falkirk
11am - 12 noon

Football Reminiscence:

Maples, Stenhousemuir
1st Monday every month 11am - 12.30pm
Last Monday every month 3.15 – 4.30pm

The Corbie Inn, Bo'ness
Last Wed every month 2pm - 3.30pm

Garden Club:

Maples, Stenhousemuir
Every Monday & Thursday 10am - 12md

Supper Club:

Maples, Stenhousemuir
3rd Wednesday each month 6pm - 8pm

Saturday Early Stage Drop In:

Maples, Stenhousemuir
Every Saturday 12.30pm - 2.30pm

Sunday Drop In:

Maples, Stenhousemuir
Every Sunday 12.30pm - 2.30pm

10 Pin Bowling/Walking Group:

Redbrae Road, Camelon or Callender Park
Every Wednesday 2.00pm - 3.00pm

If you would like more information regarding any of the above groups, or any of our services, please call the office on 01324 559480.

Registered Office:
Alzheimer Scotland - Action on Dementia - National Office
22 Drumsheugh Gardens
Edinburgh EH3 7RN



Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland 149069. Registered office: 22 Drumsheugh Gardens Edinburgh EH3 7RN. It is recognised as a charity by the Office of the Scottish Charity Regulator, SC022315

We rely on fundraised income to help us to campaign and to provide services for Scotland's 86,000 people with dementia and their carers.

www.alzscot.org